

CONCENTO

March 1st, 2019

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Overture

The most recent issue of MTNA's AMT magazine featured two great articles on personality type indicators. Many of you have probably heard of the Myers-Briggs Type Indicator, though I would encourage you to also do some reading on the Enneagram, if you haven't yet. Myers-Briggs places a person on each of four spectra, creating sixteen unique personality types. However, it generally doesn't provide a way to challenge your personality towards awareness and growth. In contrast, the Enneagram, which has arguably been around since the Middle Ages (though more recently developed in the last 75 years), does provide this. While Myers-Briggs tells you *what* you are, the Enneagram also tells you *why*.

The basic notion of the Enneagram is that there are nine ("ennea" is Greek for nine) major personality types. Each person is thought to have only one, and it develops during childhood and never changes. Your type is determined by one of nine major fears that you picked up as a child. As an example: I'm a "one," which is sometimes known as "the perfectionist." At some point as a kid I developed a fear of not following the rules or doing the right thing- of not being perfect. Twos think they must constantly give of themselves because they fear being unloved or unwanted. Fives will soak up information for fear of relying on others, while sevens will move from one fun activity to another because they are terrified of wrestling with pain.

It's important for me to recognize my idolization of perfection because 1) Western Classical music focuses so much on it, and 2) not everyone else in the world cares as much about it- especially not my students! If I am hard-wired to focus on being perfect it is easy for me to teach from that perspective, but other types have other motivators: Fours need to find their own form of self-expression to wrestle with their search for identity, threes need to feel valued in their work to counter

their fear of being unaccomplished, and eights need freedom to work on their own because they fear being controlled by so many rules (or by you). Being able to peg your students' basic fears and desires, and what *they are wired to believe about themselves*, will help you adapt your teaching style to them. Remember: What we say is different from what they hear.

I encourage you to do more reading on the Enneagram. A great primer book is "The Road Back to You" by Ian Morgan Cron and Suzanne Stabile, though there are many others out there (that book is particularly helpful because at the end of each chapter it gives some tips on how each personality type can grow and challenge themselves, which is very useful for our own self-work and also for helping our students grow and challenge their own personalities). *After* you read an introductory text on the subject, the Wikipedia page has a great chart summarizing all the types, and the Enneagram Institute's website goes into further detail on each type.

Kevin Peterson, editor

Next Chapter Meeting

The next chapter meeting will be on Tuesday, March 12th at Zion Lutheran Church in Kent at 9:30 am.

Chapter Meeting Minutes

There was not a chapter meeting in February, so no minutes are attached here.

MAP and Fine Arts Recitals

The MAP and Fine Arts Recitals are as scheduled:

Saturday, March 9 at Kent First Baptist Church

2:00 pm: MAP Recital

For every 5 students entered in MAP, you may select 1 student to perform one piece at the MAP recital (as long as they aren't also playing in the Fine Arts Recital). The piece they perform must be memorized.

Please submit your student's names, repertoire, and composers to Samantha Yeung at <u>c.samantha.yeung@gmail.com</u> by Thursday, March 7 at 10 pm.

3:30 pm: Fine Arts Recital

The Fine Arts Recital will feature CHC Winners, Ranked Honorable Mentions, and possibly the Unranked Honorable Mentions (depending on how many there are- if there are too many, we may have some play in the MAP recital- to be determined)

Reception to follow- please encourage students and families to stay and enjoy!

Music Literacy Program Theory Exams

Sign your students up for the Music Literacy Program theory test. The tests are comprised of ten levels with concepts ranging from primer to 1st year college. A complete testing guide and sign up sheets are available at wswmta.org. The guide includes information for all levels (we are administering the written theory portion). The examination takes place on Saturday, May 4th from 9:00-2:00. Enrolled students simply show up any time during testing to take part. Sign up deadline is March 12th. Cost is \$7.50/student. Complete your sign up sheets and make a single check to SKCMTA. You can either mail it to Steve Nehrenberg 19503 122 Place SE Kent WA 98031, or bring it to the meeting on March 12th. You can't beat this chance to measure and re-chord your students augmented progress as they scale through notes that are key to successful theory analysis! If you have any questions, please contact Steve at vielmusik@comcast.net.

Possible Scammers contacting Chapter Members

There have been multiple reports of members of our chapter receiving emails and phone calls claiming to be from other chapter members requesting money and personal information. If you receive such contact please delete or hang up immediately and promptly call the person directly on the number listed in the chapter yearbook/directory to verify.

Gibson Music Scholarship Award

On page 24 & 25 in the yearbook you can find the information needed for the application for this Scholarship. The deadline is for the application to be postmarked and sent to Deanna Dent by March 15, 2019. It can also be hand delivered to Deanna's house that day.

Once the applications are in, a review date will be set and the scholarship committee (not the full chapter) will hear oral presentations. Please note: THIS REVIEW WILL NOT TAKE PLACE DURING THE APRIL MEETING.

If you have any questions please email, text or call Deanna Dent. Thank you!

Award Recognition for Sally Ramsden

Chapter member Sally Ramsden has been nominated for a 2020 Lifetime Achievement Award in Who's Who in America. She will also be receiving a trophy as part of this nomination. Congratulations, Sally!

Happy Birthday in March!

Eleonora Voronchuck Nancy Gregory Karen Hollenback Lis Hogg Kevin Peterson Aubrey Ross

Studio Openings

Deanna Dent Lena Aleksandrova Julie Swienty Gwendolyn Koch Caroline Crabill (violin, viola, and piano) Lynneette Emme

DISTRICT AND CHAPTER NEWS

Seattle Chapter Workshop and Master Class



The Palette of Touches Joanne Haroutonian Workshop and Master Class

Saturday, March 23, 2019 · 8:00 am to 3:00 pm Music Center of the Northwest, 901 N 96th St, Seattle

About the Workshop

The Palette of Touches offers a way for developing pianists to gain an aural awareness of tonal colors available on the piano and the technical tools needed to produce them in performance. Teachers and students learn to define interpretive decisions in music being studied using a descriptive, clear-cut "touch vocabulary," assigning a level of weight into the key (key depth) to define

dynamics, and through exercises and repertoire that allow students to physically fine-tune the sound and feel of these touches. The results can be remarkable. Student performances suddenly gain life and vitality!

Presenter's Bio

Joanne Haroutounian enjoys a career across the fields of music, arts education, piano pedagogy, educational psychology, and gifted education as a teacher, performer, researcher, lecturer, writer, and consultant. She serves on the music faculty of George Mason University, overseeing its piano pedagogy program and offering doctoral seminars exploring musical talent. Dr. Haroutounian has presented numerous sessions at the World Congress of Gifted Education, the Music Teachers National Association, and the National Association for Gifted Children.

Dr. Haroutounian's specialized research in musical talent development led to the founding of the MusicLink program, which provides long-term private instruction to promising students in financial need. She is currently the Executive Director of the MusicLink Foundation, a non-profit organization that has reached over 6,800 students across the United States and parts of Canada over the past 20 years.

Save the Date!

- When: Saturday, March 23, 2019, 8:00 am to 3:00 pm
- Where: Music Center of the Northwest, 901 N 95th St, Seattle, WA 98103
- Contact: Linda Gutterman, NCTM, 301-509-7720 or goandpractice@cs.com

Registration

Register at www.seattlemta.org.

